

REQUIREMENTS

Surgery Prior Authorization



Inspired Spine





Request of Records

The following records are needed for Surgery Prior Authorization per Insurance Criteria:

- Current Imaging

- All Physical Therapy notes within the last six months to a year along with Oswestry and/or Neck Disability Index scores from your first and last visit of Physical Therapy.

- Physical Therapy criteria:
Cervical 6 weeks of 2 times a week
Thoracic 8 weeks of 2 times a week
Lumbar 12 weeks of 2 times a week

- Any injection records from the last year pertaining to the area of proposed surgery (Cervical, Thoracic, Lumbar)

- If you are a current smoker you need to be smoke free for 30 days prior to Inspired Spine faxing in the Surgery Prior Authorization Request to you Insurance Company

- For Medica Insurance Carriers, we need Hemoglobin Score that is within the last 30 days prior to submitting to the Insurance Carrier

- Mental Health Evaluation which is a letter from your Primary Care Physician or a Mental Health Professional regarding any untreated, underlying, contributory mental health conditions or any psychological issues including but not limited to, depression or drug/alcohol abuse

- The letter when finished along with all the other documents can be faxed to: 320-200-7478

The preceding requirements are criteria from the insurance company. Once Inspired Spine receives all the required documents we will then compile the information and fax it on to Your Insurance Company for the Surgery Prior Authorization Request. The insurance company then has between 10 and 15 business days to give us a decision. If you do not hear from Inspired Spine within two weeks please call 320-763-8888.



Burnsville Office
(952) 405-9760
Alexandria Office
(320) 763-8888
inspiredspine.com